When like Throws You Jemons...

t TOTAL LIFE'SOLUTIONS, LLC

Betsy Rosam, M.S.

After experiencing and healing from the most painful experience of losing her daughter to a drunk driver crash, Betsy realized that her

mission in life is to help other women identify and heal from unresolved traumas that keep them in a stuck cycle, so that they can thrive instead of just survive. Many women don't realize they have unresolved trauma, as they move through their lives wondering why they are not as successful as they'd like to be.



Betsy helps them identify the effects of their unresolved traumas and uses her extensive toolbox to help them heal quickly and easily, so they can get back to living a purposeful fulfilling life. Betsy has been known for "changing minds in minutes" subconsciously.

JUNE 2024 SNAPSHOT

FB Friends 2.5K

Linked In Connections 872

Pinterest Followers 1.7K

HOT TOPICS

 Identifying the effects of Unresolved Trauma, Loss & Grief

PRACTICAL & INSPIRING

- The Science of Self Sabotage
- How to Live a Happy Life; The Results of Healing Unresolved Trauma, Loss & Grief
- Custom Talks

https://betsyrosam.com/speaking-experiences/







